

BDSSS Surfing / Bundy Schools Surfing trials

Safety Requirements

To participate in the BDSSS Surfing Competition or the Bundy 13-19yrs School Surfing trials, students must be competent in the following areas.

1. Pool swim – 200m, continuous, any stroke.
2. Survival float – 2 mins
3. Surf Skills – paddling out through the surf break, maintain position out the back, catching waves and returning to shore unassisted.

Please fill in the following permission form and return to the surfing teacher at your school.

I _____ (Parent/Guardian) acknowledge that _____ (Student) is competent in all of the above mentioned safety requirements.

If your son/daughter has a medical condition that may impact their safety during participation in this activity a medical certificate **must** be provided by their medical practitioner as evidence of clearance to participate

- ☐ Yes, my son/daughter will require a medical certificate
- ☐ No, my son/daughter does not require a medical certificate

Parent/Guardian Signature