


BDSSS 13-19yrs CURRICULUM ACTIVITY RISK ASSESSMENT

School/College	BDSSS TERM 1 SPORT		
Curriculum Activity <small>(Attach the EQ Activity Guidelines to this document)</small>	FOOTBALL		
Risk Level	MEDIUM		
Details of Activity	11 A SIDE FOOTBALL		
Teachers / Leaders of Activity	VARIOUS – 1 X TEACHER PER TEAM		
Year Levels Involved	7 TO 12		
Start Date	06 / 02 / 2023	End Date	01 / 04 / 2023
Approximate Supervision Ratio	1:15		
Venue	VARIOUS SCHOOL OVALS		
Minimum supervision requirements met <small>(as per Education Queensland Curriculum Activity Risk Management Guideline)</small>		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
A registered teacher will be present to take overall control		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Minimum qualification requirements met <small>(as per Education Queensland Curriculum Activity Risk Management Guideline)</small>		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Blue Card requirements met		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Minimum Equipment / Facilities Requirements met <small>(as per Education Queensland Curriculum Activity Risk Management Guideline)</small>		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
If NO for any of the above, risk will be managed through the following			
Suggested control measures have been met <small>(as per Education Queensland Curriculum Activity Risk Management Guideline)</small>		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
If NO, risk will be managed through the following			
Is parental permission required for this activity?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	If YES has it been gained?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Does the Venue holding the Competition/Trials have a Covid-19 Safe Plan	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	If NO (and it is a School), does the Principal of that School approve the use of their school and comply with the Covid-19 Safety measures	<input type="checkbox"/> Yes <input type="checkbox"/> No
Extra Information	SCHOOLS TO PROVIDE OWN REFEREES AND FIRST AID AT ALL GAMES		
Submitted by	M MCDONALD	Date	07 / 02 / 2023

APPROVAL	
<input type="checkbox"/>	Approved as submitted
<input type="checkbox"/>	Approved with the following condition(s)
<input type="checkbox"/>	Not approved for the following reason(s)
By:	Dan McMahon
	Designation: BDSSS Chair
Signed:	
	Date: 8 / 2 / 23

Teachers / Leaders of this activity who have been trained in these procedures and read the relevant Education Queensland Activity Guidelines.	
M MCDONALD	

Monitor and Review	
Are the control measures still effective?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Have there been any changes?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Are further actions required?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Details:	
Completed By	Date / /

Football (soccer)

Guideline review date: 28 October 2021

This guideline is provided to support schools in implementing the [managing risks in school curriculum activities procedure](#).

The [CARA planner](#) must be used for the specific school context in conjunction with this guideline considering additional risks, hazards and controls and including environmental, facility, equipment and student considerations

For activities beyond the scope of this guideline, complete a CARA record using the [CARA generic template](#).

Activity scope

This guideline relates to student participation in football (including [futsal](#)) as an activity to support curriculum delivery.

For activities conducted at a non-Department of Education venue, and/or when engaging external expertise, request written risk assessment advice and attach it to this CARA record.

For activities conducted off-site, schools must comply with the [school excursions and international school study tours procedure](#).

For activities conducted as part of representative school sport programs, schools should consult with [Queensland School Sport](#).

Risk level

Medium risk

Football (or soccer) activities involving regulation equipment.

Activity requirements

If any requirement cannot be met, the activity must not occur.

If any other safety recommendation cannot be met, modify the activity (or elements of it) and/or identify and use the [hierarchy of controls](#) to implement alternative control measures to meet or exceed the minimum safety standard.

Competition rules and procedures with additional or more stringent safety requirements must take precedence.

[Collapse all](#)[Expand all](#)

Students

Schools must consider age, maturity and skill level of students when planning curriculum activities. Adjustments are required for [students with disability](#) to support access and participation in the curriculum. Consult with the parents/carers of students with disability, or when appropriate the student, to ensure risks related to their child's participation in the activity are identified and managed.

Schools must consult current student medical information and/or health plans in accordance with the [managing students' health support needs at school procedure](#). Record information about any student condition (e.g. physical or medical) that may inhibit safe engagement in the activity and include specific support measures within emergency procedures.

Emergency and first-aid

Emergency plans and injury management procedures must be established for foreseeable incidents (e.g. evacuation, injury).

Adult supervisors must have:

- emergency contact details of all participants
- a medical alert list and a process for administering student medication
- communication equipment suitable to conditions (e.g. mobile phone) and a process for obtaining external assistance and/or receiving emergency advice.

Safety procedures must be determined for the location (e.g. identifying hazards, location of first aid support and equipment).

Access is required to [first aid equipment \(DOCX, 479KB\)](#) and consumables suitable for foreseeable incidents.

An adult with current emergency qualifications is required to be quickly accessible to the activity area. Emergency qualifications include:

- [HLTAID009](#) - provide cardiopulmonary resuscitation (CPR) or equivalent and
- [HLTAID011](#) - provide first aid or [SISSS00118](#) - sports trainer level 1 or equivalent

An adult with concussion management knowledge or training is recommended. Consult [first aid – managing head injuries \(DOCX, 565KB\)](#).

Induction and instruction

Induction is required for all adult supervisors on emergency procedures, safety procedures and correct techniques. If the activity is conducted at an off-site facility, induction is to be informed by advice provided in consultation with expertise at the venue.

Instruction is required for students on safety procedures (e.g. accessing first aid support) and correct techniques (e.g. safe play).

Consent

[Parent consent](#) is required for all activities conducted off-site.

Supervision

Principals make final supervision decisions for the activity. Sufficient adult supervision must be provided to manage the activity safely (including emergency situations).

The number of adult supervisors required to fulfil emergency and supervision roles must consider the nature of the activity, students' ages, abilities and specialised learning, access and/or health needs.

Before the activity, all adult supervisors:

- must be familiar with the contents of the CARA record
- must assess [weather conditions](#) prior to undertaking the activity, inspecting the intended location in order to identify variable risks, hazards and potential dangers.

During the activity, all adult supervisors:

- must be readily identifiable
- must closely monitor students with health support needs
- must comply with control measures from the CARA record and adapt as hazards arise
- must suspend the activity if the conditions become unfavourable (e.g. extreme temperatures, thunderstorms)

- must not allow climbing on, or hanging from, the goal netting or goal framework.

Supervisor qualifications

Principals make final decisions in determining supervisor capability (competence, relevance and currency) and are responsible for encouraging and enabling school-based activity supervisors to raise their qualifications to improve safety standards.

All adult supervisors must comply with the [working with children authority - Blue Cards procedure](#) and be able to identify, and respond to, risks or hazards that may emerge during the activity.

A registered teacher must be appointed to maintain overall responsibility for the activity.

At least one adult supervisor is required to be:

Medium risk level:

- a registered teacher with competence (knowledge and skills) in teaching football (soccer) or
- an adult supervisor, working under the direct supervision of a registered teacher, with [community coach accreditation](#) from [Football Federation Australia](#), or similar, appropriate to the activity and age of participants.

Officials for competition games

- a registered teacher with competence (knowledge and skills) in refereeing football (soccer) or
- an adult supervisor, working under the direct supervision of a registered teacher, with current registration as a [community referee](#) from [Football Federation Australia](#), or similar, appropriate to the activity and age of participants
- if assistant referees are not available, each school should provide competent officials (such as parents with knowledge and skills) to fulfil these roles.

Facilities and equipment

The qualified adult supervisor of the activity, in consultation with the principal, determines the requirements for facilities and equipment appropriate to the local context.

Location must be suitable for the activity being undertaken, including sufficient space, adequate lighting and ventilation to ensure safe participation and that safety rules and procedures can be followed.

Participants must wear [personal protective equipment](#) appropriate to the activity e.g. enclosed footwear appropriate to the playing surface, shin guards covered entirely by long socks.

If using portable goalposts indoors or outdoors, compliance with the safety alert for [portable soccer goalposts \(2004\)](#) is required.

Hazards and controls

Further to those listed, include any additional hazards and control measures considering the local context of the activity.

Environmental hazards	Control measures
Biological hazards Body fluids (e.g. blood, saliva, sweat)	Manage bodily substances (e.g. blood) and open wounds before, during and after the activity. Consult infection control guidelines (PDF, 946KB) and Queensland Health's exclusion

[periods for infectious conditions poster](#) for hygienic practices and first aid.

Follow appropriate cleaning and hygiene management practices when using shared equipment (Departmental staff search "cleaning advice for shared equipment" in OnePortal).

Environmental conditions

Weather

Sun

Humidity

The school's [sun safety strategy](#) must be followed.

Assess weather ([Bureau of Meteorology](#)) and environmental conditions prior to participating outside.

Follow the [managing excessive heat in schools guidelines](#) when participating in very hot or extreme heat conditions.

Ensure drink breaks occur regularly. Make water available for individual participants between drink breaks.

Facilities and equipment hazards

Control measures

Boundary clearance

Establish a 3m safety zone around the playing area. If this cannot be achieved, consider ways of reducing risks (e.g. reducing the field size, padding the obstacle).

Ensure there are no sharp or rough edges (e.g. portable signage) facing the field of play.

Chemicals

Lines are marked on grass in accordance with the [line marking of sports fields \(PDF, 394KB\)](#) fact sheet.

Faulty or dangerous equipment

Check all goals and support structures are fixed securely.

Use markers made from non-injurious material (e.g. cardboard, foam).

Check equipment for damage before and during the activity.

Check footwear before each match to ensure they provide sufficient protection for the feet. Look for non-slip soles, no buckles or zips, no loose, sharp-edged or excessively worn studs and no sharp-edged soles.

Use footballs appropriate to the age of the participants e.g. 8 years and under = size 3 (junior), 9 - 13 years = size 4 (youth), 14 years and over = size 5 (adult).

Discard balls that have lifted panels, protruding inflation points, loose or broken stitching, or are out of shape.

Store portable goalposts securely when not in use.

Playing surface	<p>Conduct a field check to identify and manage surface hazards. Clear the playing surface from loose items or debris. Do not participate on a surface that is slippery, unduly rough or chopped up.</p> <p>Cover/fill playing surface hazards (e.g. sprinkler heads, post holes) to be level with the surrounds.</p>
Stray balls	Implement protocols to manage stray balls (e.g. pause gameplay, wait for break in play for retrieval).

Student considerations	Control measures
Physical contact Breaks/sprains Cuts/abrasions/grazes Concussion Accidental "bumping"	<p>Enforce rules to prevent rough play. Consult play by the rules (conduct and behaviour resources).</p> <p>Manage injuries according to established procedures. If in doubt, do not allow students to return to play after injury until medically cleared.</p>
Physical exertion Exhaustion and fatigue	<p>Conduct warm-up/cool-down activities.</p> <p>Continually monitor participants for signs of fatigue and exhaustion.</p>
Student issues	<p>Remove accessories (e.g. jewellery, lanyards) before participating.</p> <p>Ensure fingernails, hair and clothing (e.g. pockets, hard brim hats) do not interfere with the activity.</p> <p>Encourage participants to wear mouthguards for activities when there is a risk of mouth injury.</p> <p>Allow goalkeepers to defend their goal against only one ball at a time.</p>

Additional links

- [Football Federation Australia](#)
- [Football Queensland – health and wellbeing policies](#)
- [Sports Medicine Australia fact sheets](#)

Disclaimer

This information is developed and distributed on this website by the State of Queensland for use by Queensland state schools only.

Use or adaptation of, or reliance on, this information by persons or organisations other than the State of Queensland is at their sole risk. All users who use, adapt or rely on this information are responsible for ensuring by independent verification its accuracy, currency and appropriateness to their particular circumstances. The State of Queensland makes no representations, either express or implied, as to the suitability of this information to a user's particular circumstances.

To the full extent permitted by law, the State of Queensland disclaims all responsibility and liability (including without limitation, liability in negligence) for all expenses, losses, damages and costs arising from the use or adaptation of, or reliance on, this information.

Links to external websites are for convenience only and the State of Queensland has not independently verified the information on the linked websites. It is the responsibility of users to make their own decisions about the accuracy, currency, reliability and correctness of the information at these external websites.

Last updated 28 October 2021